

INFORMATIONAL SHEET #1
GIANTS RIDGE® INVITE
SATURDAY, JANUARY 10TH, 2009

PLEASE READ ALL THE INFORMATION VERY CAREFULLY! DEADLINE 01/02/09!
NO EXCEPTIONS ON DEADLINE – TEAMS HAVE BEEN REFUSED

BIB PICK UP: Friday, January 9th 4:00 pm – 8:00 pm
Saturday, Jan. 10th 7:00 am – 8:45 am
In the Giants Ridge® Training Center

COACHES MEETING: 9:00 am in the Training Center Meeting Room

APPROX. START TIME: 10:00 5K Silver Classic Varsity/JV Boys
12:00 5K Silver Classic Varsity/JV Girls
1:30 5K Freestyle Varsity/JV Boys
3:00 5K Freestyle Varsity/JV Girls

ENTRY FEE: New this year **\$12.00 per skier** – make check payable to:
GIANTS RIDGE® GOLF & SKI RESORT
Absolutely all payments must be made on 1/10/09.
Any team not paid on race day will not be qualified to race –
NO EXCEPTIONS ALLOWED!
If the school's check has not arrived, it will be the coach's
responsibility to pay for the racers. Personal checks will
only be held for one week after the race, it will then become
the coach's responsibility to be reimbursed by the school.

ENTRIES DUE: **All entries are due JANUARY 2ND, 2009.** All entries must be
received by e-mail – NO FAXES will be accepted this year –
NO EXCEPTIONS! NO ONE WILL BE ALLOWED TO
REGISTER THE DAY OF THE RACES – scratches/name
changes can be made on Friday from 4:00 pm – 8:00 pm and
Saturday from 7:30 am – 9:00 am – Only! ABSOLUTELY NO
ADDITIONS CAN BE MADE.

E-MAIL REGISTRATION TO: Forms can be found on: **www.itiming.com**
Under Mesabi East X-C (Giants Ridge®) Invitational
Chuck from timing will send us a copy of your e-mail form
Payment will be due Fri/Sat at Giants Ridge® – registration

ENTRIES:

6 Varsity Boys	Total per school
6 Varsity Girls	
4 JV Boys	10 Boys
4 JV Girls	10 Girls

NOTE: YOU MUST INDICATE WHICH TECHNIQUE EACH SKIER IS
RACING ON THE TEAM ROSTER! PLEASE DO NOT
FORGET!

TRAIL PASSES: All skiers using the trails must wear Racer's Bibs or trail passes. Each team will receive (2) complimentary coaches passes. All non-racing team members on the trail must have a trail pass. Please see Jeff in Group Services to receive the \$10.00 group ticket price. **Anyone training on Friday must purchase a trail pass (see Jeff in Group Services – training center).**

SPECTATOR AREAS: There is good access to spectator areas around the Stadium and on the Laurentian Trail. However, trail passes are required of anyone on skis for access on any trail. **NO FOOT TRAFFIC ALLOWED ON THE RACE COURSE!** Access to the race course is limited to coaches and racers only. When each race starts only the athletes racing should be on the course – No Coaches or skiers warming up for the next race. There are plenty of trails to warm up on at Giants Ridge® other than the race course.

COMPETITION JURY: Technical Delegate: Mark Boback
Chief of Race: John Filander
Chief of Course: Ben Croft

WAXING: Waxing will be available in the wax shed (North of Training center in Stadium). Saw horses are limited. Electric outlets are available. Golf Maint. Bldg. open too.

RESTROOMS: There are public restrooms in the Chalet, one each in the training center, and portable restrooms in the Stadium Area.

T-SHIRTS: Giants Ridge® Invite Shirts will be for sale in the Snow Shop located in the Chalet. There is a Snow Shop form enclosed with prices, etc.

SIGNS: A \$5.00 charge will be assessed to any school for pep signs left on the trail after the race.

SPAGHETTI FEED: The Mesabi East Nordic Club is sponsoring a Spaghetti feed for the ski teams on Friday night. Information attached to sign up for dinner.

INFORMATION: Contact John Filander @ 218-865-3018 or 1-800-688-7669, ext 3018. If you know of any coach/team that has not received this info, please have them call immediately.
e-mail: john.filander@giantsridge.com

AWARDS: The top three (3) skiers in each race (Varsity & Jr. Var. boy's & girl's) will receive a medal and skiers placing 4th – 10th will receive ribbons.
The top three (3) teams (Varsity & Jr. Var. boy's & girl's) will receive individual medals.
The top team – 1st place (Varsity – boy's & girl's) will receive a trophy.

ATTENTION: COACHES AND/OR NORDIC SKI PARENT

(Please have someone respond Yes or No) Thank You.

GIANTS RIDGE® INVITE SPAGHETTI FEED

WHEN: FRIDAY – JANUARY 9th, 2009

WHERE: BIWABIK PARK PAVILION, BIWABIK, MN

FROM: 4:00 P.M. – 8:30 P.M.

MESABI EAST NORDIC CLUB IS SPONSORING A SPAGHETTI FEED FOR THE GIANTS RIDGE® INVITE. CONTACT PERSON: DEB MAKI 1-800-688-7669, EXT 3409.

WE HOPE THIS OFFERS THE SKIERS FROM OUT-OF-TOWN AN OPPORTUNITY TO EAT A HEALTHY MEAL IN LARGE GROUPS.

WHAT WE MIGHT HAVE PROBLEMS WITH IS FEEDING TIME – GETTING EVERYONE IN THE BLDG. AT THE RUSH HOUR. PLEASE LET US KNOW YOUR APPROXIMATE ARRIVAL TIME – IF THERE IS A CONFLICT – AT LEAST WE COULD CONTACT YOU AND POSSIBLY WORK OUT A BETTER TIME.

THE MENU WILL BE: ITALIAN SPAGHETTI & MEATBALLS
VEGETABLE – BREAD – BEV. – CAKE/BARS

PRICE WILL BE \$6.00 PER PERSON.

THE BIWABIK PARK PAVILION SEATS 150 PEOPLE AT A TIME. WE HOPE TO FEED UP TO 300 SKIERS.

WOULD YOU PLEASE E-MAIL DEB MAKI AT:

pepsichallenge@giantsridge.com - (I will need the information asked below)

OR CALL DEB AT: 1-800-688-7669, ext 3409 and give her the information asked for below. **DEADLINE – DEC. 29TH**

SCHOOL TEAM NAME: _____

CONTACT PERSON & PHONE #: _____

HOW MANY WOULD YOU ESTIMATE WILL BE PARTICIPATING IN THE SPAGHETTI FEED? # OF DINNERS NEEDED: _____

ESTIMATED TIME OF ARRIVAL: _____

COACHES OR NORDIC SKI PARENT
E-MAIL ESTIMATE TO: chris.johnson@giantsridge.com

GIANTS RIDGE® INVITE SHIRT FORM
CHRIS JOHNSON - OWNER SNOW SHOP
@ GIANTS RIDGE® 1-800-688-7669, EXT 3003

CHRIS WOULD LIKE AN ESTIMATE OF WHAT SIZES AND STYLE OF SHIRTS YOUR TEAM WOULD LIKE. DEADLINE IS DEC. 29TH. IF YOU ARE NOT ABLE TO TAKE THE TIME – PLEASE GIVE THIS FORM TO A PARENT TO HANDLE AND GET BACK TO CHRIS.

THIS IS NOT AN ORDER FORM. WE WOULD JUST LIKE YOU TO ASK YOUR TEAM THEIR PREFERENCE AND HOW MANY WOULD BE INTERESTED IN BUYING SHIRTS. SHIRTS ARE BASIC WHITE WITH LOGO, 100% COTTON - PRESHRUNK.

E-MAIL THIS INFORMATION TO: chris.johnson@giantsridge.com

CONTACT PERSON & PHONE # _____
SCHOOL NAME: _____

SHORT SLEEVE T-SHIRT

HOW MANY?: _____ SMALL
_____ MEDIUM
_____ LARGE
_____ X-LARGE

LONG SLEEVE SHIRT

HOW MANY? _____ SMALL
_____ MEDIUM
_____ LARGE
_____ X-LARGE

PRICES

SHORT SLEEVE SHIRTS = \$15.00
LONG SLEEVE SHIRTS = \$20.00