

Elk River Nordic Team: 2009-2010 Season

5 km Skate Race: Girls Results

Woodland Trails, January 14, 2010

Girls Results
5.2k CourseSkate Race, to the "X" with Scouring Rush
Conditions: 29 Degrees, Old Snow

<u>Place</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Time</u>	<u>% Back</u>
1	Miranda Aarons	11	Maple Grove	0:17:02	0.00%
2	Emma Bates	12	Elk River	0:17:24	2.15%
3	Ally Heida		Coon Rapids	0:17:25	2.25%
4	Jane Kallemeyn	11	Elk River	0:17:57	5.38%
5	Shagen, Kaley		Osseo	0:18:00	5.68%
6	St. Peter, Jennifer	12	Park Center	0:18:24	8.02%
7	Kayla Carstensen	11	Maple Grove	0:18:34	9.00%
8	Ball, Nicole	12	Park Center	0:18:41	9.69%
9	Amy Waananen	11	Maple Grove	0:18:44	9.98%
10	Ampe, Kayla	11	Park Center	0:18:48	10.37%
11	Todey, Sarah		Osseo	0:18:54	10.96%
12	Todey, Anna		Osseo	0:18:54	10.96%
13	Brittini Ellefson	11	Elk River	0:19:34	14.87%
14	Holmes, Julia	9	Park Center	0:19:47	16.14%
15	Holten, Bekah		Osseo	0:19:49	16.34%
16	Anne Michael	12	Maple Grove	0:19:50	16.44%
17	Nicole Thorndahl	11	Elk River	0:20:06	18.00%
18	Molly Bjustrom	11	Maple Grove	0:20:07	18.10%
19	Tonn, Gina	12	Park Center	0:20:08	18.20%
20	Anderson, Brittany		Osseo	0:20:09	18.30%
21	Britta Osberg	11	Elk River	0:20:26	19.96%
22	Jenny Aarons	8	Maple Grove	0:20:31	20.45%
23	Bjorke, Becca		Osseo	0:20:35	20.84%
24	Karly Christensen		Coon Rapids	0:20:37	21.04%
25	Mary Elmquist	9	Elk River	0:20:39	21.23%
26	Leah Jackels	8	Maple Grove	0:20:40	21.33%
27	Apostolu, Cassie		Osseo	0:20:43	21.62%
28	Anna Nelson		Coon Rapids	0:20:43	21.62%
29	White, Susan		Osseo	0:20:50	22.31%
30	Amy Hoybook		Coon Rapids	0:20:58	23.09%
31	Anna Haugen	9	Elk River	0:21:09	24.17%
32	Jacqi Brink	11	Maple Grove	0:21:09	24.17%
33	Katie Springis		Coon Rapids	0:21:12	24.46%
34	Wright, Kailee		Osseo	0:21:13	24.56%
35	Kust, Maddie	12	Park Center	0:21:30	26.22%
36	Abby Turnacliff	11	Elk River	0:21:34	26.61%
37	Laural Denney		Coon Rapids	0:21:37	26.91%
38	Gabby King	10	Maple Grove	0:21:48	27.98%

39	Kust, Katie	11	Park Center	0:21:48	27.98%
40	Sasha Buchner		Coon Rapids	0:21:59	29.06%
41	Sam Dills		Coon Rapids	0:22:04	29.55%
42	Rahmig, Hannah		Osseo	0:22:08	29.94%
43	Thompson, Katie		Osseo	0:22:13	30.43%
44	Katy Turnacliff	11	Elk River	0:22:15	30.63%
45	Layni Bednarz	11	Elk River	0:22:16	30.72%
46	Jenna Mangle	9	Maple Grove	0:22:18	30.92%
47	Emily Thomsen		Coon Rapids	0:22:20	31.12%
48	Mollie Gillberg		Coon Rapids	0:22:22	31.31%
49	Schoenrock, Jennifer		Osseo	0:22:28	31.90%
50	Renee Vanasse		Coon Rapids	0:22:28	31.90%
51	Kaitlyn Benson		Coon Rapids	0:22:42	33.27%
52	Nicole Christianson		Coon Rapids	0:22:46	33.66%
53	Korby, Danielle	9	Park Center	0:22:55	34.54%
54	Tori Mattson	10	Elk River	0:23:12	36.20%
55	Katie Heikkila		Coon Rapids	0:23:20	36.99%
56	Abby Bunnell	9	Maple Grove	0:23:22	37.18%
57	Libby Kriz	9	Maple Grove	0:23:41	39.04%
58	Michaela Gibas	11	Elk River	0:23:55	40.41%
59	Hohn, Jennifer		Osseo	0:24:00	40.90%
60	Ellie Hudson	7	Elk River	0:24:05	41.39%
61	Elizabeth Kurpiers	9	Maple Grove	0:24:09	41.78%
62	Schoenrock, Emily		Osseo	0:24:15	42.37%
63	Fridgen, Abigail		Osseo	0:24:19	42.76%
64	Laura Foote	11	Maple Grove	0:24:20	42.86%
65	Micaela Abeler		Coon Rapids	0:24:45	45.30%
66	Reece Hickman	7	Elk River	0:24:50	45.79%
67	Sam Benson		Coon Rapids	0:24:54	46.18%
68	Rose Fredell	11	Elk River	0:24:58	46.58%
69	Bezdicek, Kaitlin		Osseo	0:25:13	48.04%
70	Hildebrand, Kate		Osseo	0:25:22	48.92%
71	Bailey Fedors	8	Maple Grove	0:25:29	49.61%
72	Maddie Gibas	9	Elk River	0:25:30	49.71%
73	Thompson, Jenna		Osseo	0:25:32	49.90%
74	Peach, Natalie	9	Park Center	0:25:42	50.88%
75	Anderson, Kaitlyn		Osseo	0:25:44	51.08%
76	Myszkowski, Olivia	11	Park Center	0:26:00	52.64%
77	Juhyun Kwon	9	Maple Grove	0:26:07	53.33%
78	Lundstrom, MacKenzie	7	Park Center	0:26:13	53.91%
79	Kust, Ellie	8	Park Center	0:26:18	54.40%
80	Kristin Stoffels	9	Maple Grove	0:26:27	55.28%
81	Paige Clark	11	Maple Grove	0:26:28	55.38%
82	Lauren LaPlace	8	Maple Grove	0:26:28	55.38%

83	Kristin Hussong	9	Maple Grove	0:26:35	56.07%
84	Bella Nordahl	9	Elk River	0:26:41	56.65%
85	Angie Gornik		Coon Rapids	0:26:57	58.22%
86	Maggie Hohlen	7	Elk River	0:27:07	59.20%
87	Natalie Anderson	9	Elk River	0:27:29	61.35%
88	Spoolman, Allison		Osseo	0:27:42	62.62%
89	Emma Crane	7	Elk River	0:27:45	62.92%
90	Erika Badger	7	Maple Grove	0:27:46	63.01%
91	Olivia Wicker	9	Maple Grove	0:27:51	63.50%
92	Wright, Marissa		Osseo	0:27:57	64.09%
93	Goetzke, Remi		Osseo	0:28:00	64.38%
94	Celina Berndt	8	Maple Grove	0:28:08	65.17%
95	Shannon White	7	Elk River	0:28:27	67.03%
96	Cassie Schmid	8	Maple Grove	0:28:27	67.03%
97	Sara Wells	11	Maple Grove	0:28:31	67.42%
98	Le, Hana	12	Park Center	0:29:13	71.53%
99	Sierra Topp	9	Maple Grove	0:29:24	72.60%
100	Madison Gutknecht	9	Maple Grove	0:29:30	73.19%
101	Peterson, Alexi	8	Park Center	0:29:38	73.97%
102	Bjorke, Julia		Osseo	0:29:39	74.07%
103	Lauren Stille	9	Maple Grove	0:29:54	75.54%
104	Nolting, Emily		Osseo	0:30:16	77.69%
105	Mosher, Megan	10	Park Center	0:30:20	78.08%
106	Mikayla Frey	7	Elk River	0:30:30	79.06%
107	Crevier, Kara		Osseo	0:31:06	82.58%
108	Anne Gatzke	8	Elk River	0:31:17	83.66%
109	Taylor, Amanda		Osseo	0:31:28	84.74%
110	Beth Grimshaw	9	Elk River	0:31:57	87.57%
111	Julia Domeier	9	Elk River	0:32:55	93.25%
112	Chelsey Fjeldsted	11	Maple Grove	0:33:01	93.84%
113	Rahmig, Heidi		Osseo	0:33:19	95.60%
114	Carlson, Hannah		Osseo	0:35:22	107.63%
115	Elizabeth Tewolde	11	Elk River	0:37:30	120.16%
116	Johnson, Breana		Osseo	0:38:33	126.32%
117	Linman, Brittany		Osseo	0:38:50	127.98%
118	Charlie Cross	7	Elk River	0:38:59	128.86%
119	Clark, Alex		Osseo	0:41:41	144.72%
120	Fritz, Alex		Osseo	0:41:41	144.72%
121	Yur, Anthea		Osseo	0:46:13	171.33%
122	Berry, Taylor		Osseo	0:48:03	182.09%

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Boys Results
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<u>Place</u>	<u>Name</u>	<u>Grade</u>	<u>School</u>	<u>Time</u>	<u>% Back</u>
1	Hartmann, Brad		Osseo	0:14:14	0.00%
2	Jorgenson, Eric		Osseo	0:14:42	3.28%
3	Calvin Mehrhof		Coon Rapids	0:14:49	4.10%
4	Taverna, Andrew		Osseo	0:14:57	5.04%
5	Adam Nelson		Coon Rapids	0:15:09	6.44%
6	Morgan Wigmore	12	Elk River	0:15:10	6.56%
7	Johnson, David		Osseo	0:15:24	8.20%
8	Peterson, Jason		Osseo	0:15:27	8.55%
9	Mitch Nordahl	11	Elk River	0:15:35	9.48%
10	Fenske, Andrew	12	Park Center	0:15:38	9.84%
11	Evenson, Anders		Osseo	0:15:53	11.59%
12	Jack Hickey	11	Maple Grove	0:15:56	11.94%
13	Letofsky, Jarred		Osseo	0:16:07	13.23%
14	Tyler Olson	11	Maple Grove	0:16:08	13.35%
15	Tommy Gibson	11	Maple Grove	0:16:12	13.82%
16	Adam Mann	11	Maple Grove	0:16:17	14.40%
17	Adam Meyer	11	Maple Grove	0:16:17	14.40%
18	Matt Kolker		Coon Rapids	0:16:37	16.74%
19	Matt Mueggenberg		Coon Rapids	0:16:43	17.45%
20	Erdmann, Randy		Osseo	0:16:44	17.56%
21	David LaBerge	12	Maple Grove	0:16:47	17.92%
22	Bennett, JJ		Osseo	0:16:48	18.03%
23	Matt Swanson		Coon Rapids	0:16:56	18.97%
24	Paul Lyrenmann	12	Elk River	0:17:08	20.37%
25	Alan Carstensen	9	Maple Grove	0:17:19	21.66%
26	Dan Foley		Coon Rapids	0:17:23	22.13%
27	Aaron Shaw	11	Elk River	0:17:28	22.72%
28	Sam Morgan	12	Maple Grove	0:17:38	23.89%
29	Daniel O'Grady		Coon Rapids	0:17:40	24.12%
30	Tony Stec	11	Maple Grove	0:17:47	24.94%
31	Erik Gatzke	11	Elk River	0:17:49	25.18%
32	Phil LaPlante	12	Elk River	0:17:56	26.00%
33	Kyle Kolles	11	Elk River	0:18:00	26.46%
34	Derek Spillers	12	Maple Grove	0:18:08	27.40%
35	Alex Bare	10	Maple Grove	0:18:12	27.87%
36	Turgeon-Schramm, Tyler	12	Park Center	0:18:12	27.87%
37	Ken Tollefson	11	Elk River	0:18:15	28.22%
38	Ryan Koppendrayer		Coon Rapids	0:18:16	28.34%

39	Landon Brodersen		Coon Rapids	0:18:28	29.74%
40	Steven Mueggenberg		Coon Rapids	0:18:46	31.85%
41	Max Mannel	12	Elk River	0:18:55	32.90%
42	Evan Flom	12	Maple Grove	0:18:56	33.02%
43	Jonathon Litchy	10	Maple Grove	0:19:00	33.49%
44	Aaron Droogsma	11	Elk River	0:19:03	33.84%
45	Eric Jackels	8	Maple Grove	0:19:03	33.84%
46	Ryan Heida		Coon Rapids	0:19:05	34.07%
47	Werner, Austin		Osseo	0:19:16	35.36%
48	Sam Welch	11	Maple Grove	0:19:18	35.60%
49	Hutchens-Peterson, Nathan		Osseo	0:19:18	35.60%
50	Michael Coughlin		Coon Rapids	0:19:28	36.77%
51	Wetzel, Tanner		Osseo	0:19:30	37.00%
52	Dallas Erdahl	11	Elk River	0:19:35	37.59%
53	Alex Hickman	10	Elk River	0:19:37	37.82%
54	Peterson, Ryan		Osseo	0:19:37	37.82%
55	Hauck, Andrew	11	Park Center	0:19:44	38.64%
56	Stephen Coughlin		Coon Rapids	0:19:44	38.64%
57	Collin Crane	11	Elk River	0:19:45	38.76%
58	Ryan Shaw	8	Elk River	0:19:48	39.11%
59	Schulte, Jacob		Osseo	0:19:55	39.93%
60	Luke Spaude	12	Maple Grove	0:20:03	40.87%
61	Danny Tormoen	12	Elk River	0:20:14	42.15%
62	Breck Hickman	8	Elk River	0:20:15	42.27%
63	Dahl, Nicholas	9	Park Center	0:20:18	42.62%
64	Nick Corwin	10	Maple Grove	0:20:34	44.50%
65	Josh Miller		Coon Rapids	0:20:34	44.50%
66	Micah Johnson		Coon Rapids	0:20:36	44.73%
67	Edstrom, Jonathan	11	Park Center	0:20:49	46.25%
68	Nate Webster	9	Elk River	0:21:07	48.36%
69	Max Peterson	11	Elk River	0:21:12	48.95%
70	Nathan Porter		Coon Rapids	0:21:23	50.23%
71	Joey Hudson	9	Elk River	0:21:37	51.87%
72	Tim Peterson	11	Elk River	0:21:39	52.11%
73	Larson Kronstad		Coon Rapids	0:21:43	52.58%
74	Ryan Muehlbauer	10	Maple Grove	0:21:46	52.93%
75	Johnson, Anders	11	Park Center	0:21:48	53.16%
76	Werner, Cody		Osseo	0:21:49	53.28%
77	Travis Crego	10	Maple Grove	0:21:50	53.40%
78	Will Dehn	11	Maple Grove	0:21:51	53.51%
79	Sean Heaton	8	Maple Grove	0:21:57	54.22%
80	Jedynak, David		Osseo	0:22:05	55.15%
81	Hockert, Shawn	10	Park Center	0:22:40	59.25%
82	Joe Jackels	8	Maple Grove	0:22:56	61.12%

83	Jarret St. Jean	11	Elk River	0:23:02	61.83%
84	Carline, Austin		Osseo	0:23:04	62.06%
85	King, Neil		Osseo	0:23:13	63.11%
86	Brown, Andrew		Osseo	0:23:20	63.93%
87	Ryan Fix	8	Maple Grove	0:23:21	64.05%
88	Schulte, Jason		Osseo	0:23:50	67.45%
89	James Sullivan	10	Elk River	0:24:56	75.18%
90	Matthew Miner	9	Maple Grove	0:25:03	76.00%
91	Justin White	9	Maple Grove	0:25:04	76.11%
92	Ben Vrchota	8	Elk River	0:25:23	78.34%
93	Jacob Gohl	11	Elk River	0:25:31	79.27%
94	Denny, Brandon		Osseo	0:25:46	81.03%
95	Johnson, Trevor		Osseo	0:25:49	81.38%
96	Carroll, Sam		Osseo	0:26:56	89.23%
97	Matt Vrchota	7	Elk River	0:27:19	91.92%
98	Dalton, Nick		Osseo	0:27:49	95.43%
99	Jonah Schuetz-Reid	8	Maple Grove	0:28:35	100.82%
100	Rogers, Eric		Osseo	0:29:30	107.26%
101	Vavra, Christopher		Osseo	0:29:51	109.72%
102	Dulgar, Kyle	11	Park Center	0:30:03	111.12%
103	Gruber, Jonathan	9	Park Center	0:30:12	112.18%
104	Karl Sorensen	11	Maple Grove	0:40:31	184.66%
105	Blake Anderson	11	Maple Grove	0:40:32	184.78%